



Dear healthcare provider,

Your patient has elected to have permanent cosmetics service on their lips.

Permanent cosmetic lip services do disrupt the tissue of the lips. For many somewhat invasive cosmetic services in the lip and surrounding tissue a prescribed prophylactic antiviral is started prior to the procedure.

Healthcare providers that are not familiar with med-spa services may be unaware of this risk.

A prophylactic medication may hinder a cold sore from developing and should be started prior to the procedure.

This is especially important if the patient has a history of coldsores.

It is still important if the patient cannot recall ever having a coldsore.

The general suggested guidelines are ACYCLOVIR 400 mg for 5 days beginning 12 hours PRIOR to the procedure.

With a history of lesions, then the recommended dose increases to 1200 mg per day. (3 x /day)

OPTIONAL:

A second prescription, (Xerese) an ointment with antiviral medication and a steroid that is applied topically.

WITH A HISTORY OF > 8 coldsores per year, begin application of Xerese on day 3 after the service.

WITH NO HISTORY, I suggest obtaining the prescription but do not fill it, just keep it on hand in case of developing a lesion.

I appreciate your consideration to prescribe this medication for your patient.

Please take a moment to visit our website to view the **volunteer services** that we offer to clients recovering from mastectomy following breast cancer, burn survivors, and those afflicted with alopecia.

Kindest regards,

Genevieve Barlas
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